

**CHOOSE ONE:**

Macaroni & Cheese

Boneless Dill Chicken Wings

Chicken BLT Salad

Ham & Cheese Croissant

**CHOOSE:**

Crispy Fries

Sliced Cucumbers

**\*\*CHOOSE ONE:**

Breakfast for Lunch

Mini Cheese Calzones

Chicken Caesar Salad

PBJ Kit **or** School Made

**CHOOSE:**

Marinara Cup

Deli Roasted Potatoes \*

Romaine Side Salad

**CHOOSE ONE:**

Chicken Nuggets

Pasta w/Meat sauce **or** Lasagna Rollup

Yogurt & Fruit Parfait

Ham & Cheese Croissant

**CHOOSE:**

Corn Niblets
Sliced Cucumbers

**CHOOSE ONE**

Pizza Variety

Chicken Tinga Rice Bowl w/ Roll **or**

Chicken Tinga Taco w/ Set-up

Apple a Day Salad

Combo Ham, Turkey and Cheese Sub

**CHOOSE:**

Green Beans

Veggie Dippers

**Daily Lunch Choices**

**Choose 1:** Entrée**. Must choose at least 1:**Fruit or Vegetable

 **(**may choose up to 2 servings each of fruits & veggies with their lunch meal)

**May Choose:** **1 Milk:** Skim, Low Fat White, or Fat Free Chocolate.

**Available for lunch daily:** Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches,

Hot & Cold Vegetable choices, Variety of Fruits & Juices

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

**Please note:**

The nationwide labor, driver, and product shortages are having a

significant impact on our school cafeterias. We may need to change our menus

without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutions are necessary. We apologize for any inconveniences.

**NOVEMBER 2022**

Elementary

**\*\*CHOOSE ONE:**

Chicken Sandwich

Beef and Cheese Nachos

Fruit & Yogurt Plate

Turkey Club Wrap

**CHOOSE:**

Santa Fe Black Beans

Fresh Veggie Dippers

**CHOOSE ONE:**

Breakfast for Lunch

Mini Cheese Calzones

Chicken Caesar Salad

PBJ Kit **or** School Made

**CHOOSE:**

Marinara Cup

Deli Roasted Potatoes \*

Romaine Side Salad

**CHOOSE ONE:**

Beef **or** Pork Tacos

Cheesy Bread

Chicken Caesar Salad

PBJ Kit **or** School Made

**CHOOSE:**

Marinara Cup

Broccoli

Romaine Side Salad

**CHOOSE ONE**

Pizza Variety

Corn Dog **or** Hot Dog on a Bun

Apple a Day Salad

Combo Ham, Turkey and Cheese Sub

**CHOOSE:**

Sweet Potato Fries

Fresh Veggie Dippers

**CHOOSE ONE**

Teriyaki Chicken & Rice Bowl w/ Roll

Grilled Cheese

Chicken BLT Salad

Chicken Caesar Wrap

**CHOOSE:**

Broccoli

Mixed Side Salad

**CHOOSE ONE:**

Popcorn Chicken Mashed Bowl w/ Roll

BBQ Pork Sandwich

Yogurt & Fruit Parfait

Chicken Caesar Wrap

**CHOOSE:**

Corn Niblets

Mixed Side Salad

**CHOOSE ONE:**

Beef **or** Pork Tacos

Cheesy Bread

Chicken Caesar Salad

PBJ Kit **or** School Made

**CHOOSE:**

Marinara Cup

Broccoli

Romaine Side Salad

**CHOOSE ONE:**

Hamburger **or** Cheeseburger

Chicken & Waffles

Fruit & Yogurt Plate

Turkey Club Wrap

**CHOOSE:**

Country Baked Beans

Fresh Veggie Dippers

**\*\*CHOOSE ONE**

Teriyaki Chicken & Rice Bowl w/ Roll

Grilled Cheese

Chicken BLT Salad

Chicken Caesar Wrap

**CHOOSE:**

Broccoli

Mixed Side Salad

**\*\*CHOOSE ONE**

Pizza Variety

Corn Dog **or** Hot Dog on a Bun

Apple a Day Salad

Combo Ham, Turkey and Cheese Sub

**CHOOSE:**

Sweet Potato Fries

Fresh Veggie Dippers

**\*\*CHOOSE ONE:**

Chicken Nuggets

Pasta w/Meat sauce **or** Lasagna Rollup

Yogurt & Fruit Parfait

Ham & Cheese Croissant

**CHOOSE:**

Corn Niblets
Sliced Cucumbers

 \*\****This menu may be***

 ***replaced with a* Happy Thanksgiving !No School November 21-25**

 ***Thanksgiving Meal***

 ***during week***

 ( November 14-18 )

**CHOOSE ONE:**

Hamburger **or** Cheeseburger

Chicken & Waffles

Fruit & Yogurt Plate

Turkey Club Wrap

**CHOOSE:**

Country Baked Beans

Fresh Veggie Dippers

**CHOOSE ONE:**

Macaroni & Cheese

Boneless Dill Chicken Wings

Chicken BLT Salad

Ham & Cheese Croissant

**CHOOSE:**

Crispy Fries

Sliced Cucumbers